



## **CHERISH HOUNSLOW**

FREE COUNSELLING, ONE-TO-ONE ADVICE & ADVOCACY SERVICES FOR BLACK, ASIAN & MINORITY ETHNIC & LGBTQ+ PEOPLE IN HOUNSLOW.

NAZ and METRO's mental health teams are currently offering free professional and culturally competent counselling, advice and information to Black, Brown and people of Minority Ethnic backgrounds and those who identify as LGBTQ+

## For more information or to book an appt

contact Elaine Cunnea at NAZ: elaine@naz.org.uk or Cat Scott at METRO: catriona.scott@metrocharity.org.uk

