

Need to talk?

Ignored

Bored

Worried

Rejected

Lonely

misunderstood

Stressed

Angry

Shy

Scared

depressed

Alone

Sad

Confused

Picked on

Ashamed

HYCS

However you're feeling,
we're here to listen....
HYCS' free, confidential
counselling support for
young people.

Talking to us can really help
Hounslow Youth Counselling Service

0208 568 1818

www.hycscounselling.co.uk

Registered Charity 296333

bacp | Accredited
Service