



Talking to us can really help
Hounslow Youth Counselling Service



Hounslow Youth Counselling Service
78 St Johns Road, Isleworth, Middlesex, TW7 6RU
Tel: 020 8568 1818
www.hycscounselling.co.uk

FEEDBACK FORM – please tell us what you think!

Age:	How would you describe your ethnic background?	How did you hear about the service?
Gender: Male <input type="checkbox"/> Female <input type="checkbox"/> Non-Binary <input type="checkbox"/> Trans <input type="checkbox"/> Other <input type="checkbox"/> Prefer not to say <input type="checkbox"/>	Asian Bangladeshi <input type="checkbox"/> White British <input type="checkbox"/> Asian Indian <input type="checkbox"/> White European <input type="checkbox"/> Asian Pakistani <input type="checkbox"/> White Irish <input type="checkbox"/> Black African <input type="checkbox"/> White Other <input type="checkbox"/> Black Caribbean <input type="checkbox"/> Chinese <input type="checkbox"/> Mixed Heritage <input type="checkbox"/> Unspecified <input type="checkbox"/>	Leaflets <input type="checkbox"/> Internet <input type="checkbox"/> Friend <input type="checkbox"/> School <input type="checkbox"/> Parents <input type="checkbox"/> GP/CAMHS <input type="checkbox"/> Other, Please State:
How many sessions have you attended?		

Please tell us how you are feeling now: *(Please add any comments):*

Less able to cope No change Some improvement Much improved

Would you recommend the service to others? *(Any reason?)*

Yes No

What would you say about the counselling you received? Did you gain what you hoped to achieve?

How would you rate your experience with HYCS? Very helpful <input type="checkbox"/> Helpful <input type="checkbox"/> Not helpful <input type="checkbox"/>	If helpful or very helpful, please tick in what way? Increased sense of well-being <input type="checkbox"/> Better relationships <input type="checkbox"/> Increased Self esteem <input type="checkbox"/> Increased confidence <input type="checkbox"/> Better ways of coping <input type="checkbox"/>
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Have you used any HYCS information leaflets? Which have you found helpful?

Intro Booklet Anxiety Sleep Exam Stress Emotional Crisis Gender ID/Sexuality
Calm Breathing Eat Well Adrenalin Alert/Relax Rest & Digest Others *(please list)* Not used

Do you consent to this information being used in our HYCS literature and reports? Yes No